	Team	Played	Won	For	Against	Points
1	King William	9	8	43	19	43
2	Newport	9	6	36	27	36
3	Gilfach	9	5	34	29	34
4	Cwmbran WMC	8	4	30	27	30
5	Risca	8	2	24	32	24
6	Fox & Hounds	9	1	16	47	16